

# SPA Luton

## bulletin

lutonspa@gmail.com

Summer 2007

### Namaste SPA members

Following the unfortunate cancellation of the summer BBQ, we still have an action-packed summer ahead!! The fun-filled day out of the annual summer trip on 2nd September will head this year to Bournemouth - tickets are selling fast so contact us if you don't want to miss out on all the fun. This year's charity walk on 23 September will be in aid of the Pasque Hospice Charity - contact us for further details and start collecting sponsors! Finally, this year's Bhajan Bhojan will be on 29 September - please donate and attend this successful event. Please join in the fun and activities in the coming months!!

Best Wishes - SPA Luton

### Youth

The Annual Samaj Sports tournament is upon us once again. The venue for the cricket tournament has been confirmed as **Perry Bar, Birmingham** on **Saturday 8<sup>th</sup> September**, and soon after this year's sports day will be at **Warwick University in Coventry**. The date this year is slightly later than usual, on **Saturday 15<sup>th</sup> September** and once again sports include 5-a-side Football, Badminton, Netball, Volleyball, Cricket and many more.

Unfortunately the opportunity to take part has passed, as the deadline for entries was on July 31<sup>st</sup> 07. However preparations are well underway with regular netball volleyball, cricket and football practices. If you would like to join in these weekly sessions then please contact the youth team.

### Beach Trip

After the success of our Great Yarmouth trip last year, it was decided to organise this year's beach trip to **Bournemouth** on **Sunday 2<sup>nd</sup> September**. Those of you who came to the previous beach trip will know how much fun this day out is, so please come along with your family and friends for a day relaxing on one of Britain's most popular beaches. A coach has been arranged to and from Luton and tickets are selling fast!

Beach trip  
to  
**Bournemouth**

2<sup>nd</sup> Sept 07

ॐ  
**Bhajan  
Bhojan**

29<sup>th</sup> Sept 07

**Hindu Mandir  
Luton**

Sponsored  
walk in aid  
of the  
**Luton  
Hospice**

23<sup>rd</sup> Sept

### Charity Walk

This year SPA Luton will be raising funds for the Pasque Hospice Charity in aid of terminally ill people.

**Venue:** South Beds Golf Course

**Date & Time:** Sunday 23<sup>rd</sup> September at 10am

**Start Point:** Links Way off Warden Hill Road

**Sponsor Forms:** Please email LutonSPA or call Anilbhai on 07949 179045

This year the **BHAJAN** will be presented by the **Leicester Mandal**.

It will commence at **4pm** on **29<sup>th</sup> September 2007** and will then be followed thereafter by **BHOJAN**.

If you would like to **donate** partially or fully towards the bhojan prasadi or hall hire then please contact the Mahila.

**SPA National  
Sport Day**

**15th Sept 07  
Warwick University  
Coventry**

**Come and Join us**

**Annual Dinner & Dance  
1<sup>st</sup> December 2007**

**SPA National  
Cricket Tournament**

**8th Sept 07  
Perry Bar, Birmingham**

**Contacts:** Secretary - Satishbhai  
07971 880070

Mahila - Bhartiben/Kirtiben  
01582 752346 / 01582 580007

Youth - Kamal/Yogita  
07957 295826/ 07968 138985