

SPA Luton Newsletter

Issue 17
Autumn 2014

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www.spaluton.com
www.facebook.com/spaluton

Namaste and Jayshree Krushna

Nutan Varsh na Abhinandan to all.

I have great pleasure to bring you the final news letter of 2014. You'll see and read about the activities going on in SPA Luton.

I hope you had lovely Navratri and Diwali followed by Nutanvarsh celebrations. So now what would you like to do in these cold months?

Luton Branch management committee have met regularly on a monthly basis. We would like your support at our events and your advice as to what activities we should organise. Please help us by forwarding you E-mail address and also any changes to your home address and telephone number.

We need your help to go paperless and only post to addresses without E-mail. This will bring you all events

of SPA Luton, SPA UK and also international ones.

Please bring to our knowledge of younger members so that suitable activities for them can be organised for them to take part in.

Also I urge all senior members (sarve vadilo ne vinanti karu chu) to tell us what we can do for them. Old age brings different needs and we will try to help you.

Look forward to the Christmas tide. The management committee wish you all health and happiness at Christmas and prosperity in the New Year.

*Yogeshbhai. G. Mistry
(Secretary)*

SPA Luton on Facebook!

As some of you know, we are now on facebook. You can find us at www.facebook.com/spaluton. We also have a group which you can join if you wish to get any early updates.

Our Website!

Our website has been live for sometime now; going on 2 years now at least. Drop by and have a look, there are many more pictures compared to what's in this newsletter. www.spaluton.com

SPA Luton Membership

Life Membership is £25.
Yearly membership is £2/year.

The Digital Age is Here!

As some of you already know, our branch newsletter has been going digital for some time.

The digital age has been here for some time and I'm quite sure you all have email and surf the web regularly, whether it's to browse your stocks and shares or keep in touch with relatives in India. The most environmentally friendly and effective way for us to keep you informed is to email you the newsletter. This means as soon as

it's ready you'll get a copy, but more importantly, you'll be able to view all the amazing pictures we take a big as you like and in colour!

In order to be added to the mailing list please either subscribe to the website, or send an email to lutonspa@gmail.com. It will only take you second.

For those members who we don't have an email address for, you will still receive a printed copy, but we are hoping to phase these out..

The most up to date method of keeping track of what Luton Branch is up to is to keep an eye on the website, and if you want the update when it happens, subscribe to the website's mailing list.

Regards,

Arun Mistry
Youth Leader and
Webmaster Luton Branch

Contact

President
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Luton Branch AGM

Sunday 27th April 2014

This year our AGM was held in the Biscot Parish Church Hall. The meeting was mostly attended by our committee members, but it was very nice to see a few more faces compared to last year.

The meeting started with prayers, followed by reports from the President, Secretary, Treasurer and Youth Leader.

The new elected committee is:

PRESIDENT
VICE PRESIDENT
SECRETARY

Anil D Mistry
Ushaben D Dahyabhai
Yogeshbhai G Mistry

ASS. SECRETARY
TREASURER
ASS. TREASURER
YOUTH
MAHILA REPRESENTATIVE
WEBMASTER
COMMITTEE MEMBER
COMMITTEE MEMBER
COMMITTEE MEMBER
COMMITTEE MEMBER

COMMITTEE MEMBER
COMMITTEE MEMBER
COMMITTEE MEMBER
COMMITTEE MEMBER
DANCE COORDINATOR

Kirtiben B Mistry
Ashockbhai P Mistry
Arunbhai A Mistry
Arunbhai A Mistry
Bhartiben N Mistry
Arunbhai A Mistry
Kantibhai D Lad
Shantilal M Mistry
Thakorbhai J Mistry
Babubhai H Mistry
(Pravinbhai)
Bhagubhai Mistry
Prfulbhai Mistry
Navinbhai C Mistry
Maganbhai Mistry
Nina Mistry-Salan

HQ AGM

Sunday 18th May 2014

Hosted by Luton Branch

This year Luton branch was asked to host the SPA UK AGM to which we accepted.

The whole day ran smoothly, and everyone loved the fresh food prepared by our Mahila's. A special thanks goes to them for hard work on the day.

Senior Samelan

Sunday 1st June 2014

Hosted by Walsall Branch

We filled out our quota for the Senior Samelan again this year. If you have any elders that would like to attend please get in touch with one of our committee members early to reserve a space.

Several of our committee members kindly drove as many members up as was possible. All of our members who attended thoroughly enjoyed themselves and mentioned it was very well organised. Please ask about spaces early so you don't get disappointed.

Race for Life

Sunday 22nd June 2014

This year, we had 7 ladies walk the 5K track at Stockwood Park on Sunday 22nd June. The weather was soaring, into the mid 20's, but even the intensity of the heat did not affect us, meaning we finished in a fantastic time of around 58 minutes.

All participants enjoyed themselves and a total of £480.66 was raised for Cancer Research, thank you to all who sponsored us.

By Parisha Mistry



Annual BBQ

Sunday 29th June 2014

HQ Family Fun Day

It was an amazing day even though we had quite a showers. There was quite a large turn out

from Luton, with at least 8 cars turning up.

It was good to see even more new faces compared to last year as well as all the regulars. For those who didn't come, you missed out.





Beach Trip

Sunday 20th July 2014
Great Yarmouth

We at SPA Luton organized a day out to Great Yarmouth on Sunday 20th July 2014. We had sold 42 tickets of the allocated 53. We hired out Theobalds Coaches. The coach was extremely comfortable and clean. Good Bollywood music provided by Reena Mistry.

The group of people on the coach were very jolly and happy. Lots fun & laughter. Really nice to see all the lovely ladies sharing the food they had made at home for the journey. Lots of variety and taste.

The day it self was filled with fun & laughter. Relaxing and playing on the 2p machines trying to win all the prizes. The weather was very kind to us. Sunny all day. Not a drop of rain. Cod & Chips went down very well too. Value for money. Only started raining on our return journey.

Hope to have another great day out by the seaside next year.

If you would like to contribute to our newsletter please send us an email to lutonspa@gmail.com. Do you want to do something which you would like the Samaj to help with, then get touch and let us now. We will try our hardest to help you.

Sports Day

Saturday 13th September 2014
Hosted by Tameside Branch

This year Sports Day was in Manchester hosted by Tameside branch. We managed to get a few entrants, but it was only one pair of mixed doubles badminton players. To them I send my thanks for participating, to the rest of you, where were you? In addition to our participants on the day, Bhavika and myself controlled the netball instead our usual team of Anilbhai and his daughters.

This year each branch was allowed to enter multiple teams and a number of extra players for each sport. A few people thought this was unfair due to

some branches having more players than others it turned out very well. It added the extra players, and meant the participant numbers were much better, at a guess up 50% of what normally it would have been.

It was a very good day and overall very well organised. As there were only a few of us from Luton we hitched a ride with Rugby Branch (thanks for the lift). The only downside of the day was the very early start, at 4am.

Next year I hope to see a higher participation rate from our members. I know quite a few our elders play badminton on a regular basis, come and represent our Samaj, there is an over 40's categories. The more of you that take part, the better chance we have of bringing back a trophy.

Thanks, Arun.

Bhajan Bhojan

Sunday 20th September 2014

Our annual Bhajan Bhojan was held on 20th September 2014. We were delighted to have Shree Dhansukhbhai Mistry and other Bhajniks from Birmingham to entertain us with their melodious Bhajans. They also gave us more

information and understanding about Shradh with a Power Point presentation.

Donations were made to Great Ormond Street Hospital, London in memory of our beloved departed.

The mahila team would like to thank everyone who supported them in this very successful event with an attendance of over 240 people.



Bhajan Bhojan 2014

Dinner Dance 2014 | Right: Tombola Prizes



Dinner Dance

Saturday 15th November 2014
Arisia Lounge, Newport Pagnell

This year's dinner dance was held in the Arisia Lounge in Newport Pagnell. This allowed all of the committee members to enjoy themselves alongside the guests. We were in a private suite of the restaurant with a DJ providing music for the night. The food on the night was good and it was excellent to see quite a lot of new faces. We had guests from all over including London, Walsall and Wolverhampton. If you want to come next year, please get in touch with your local committee member closer to the time. Or you can keep an eye on the website or look out for the flyer.

venue we hadn't tried before and the gamble paid off. The food was excellent and the atmosphere inside was great. There was another large party in that evening and the restaurant did well to get most things out quickly for us. Most of the people who came were our regular bunch and this time it was a shame there weren't many new faces, maybe next year. If you would like to come next year please contact your local committee member closer to December 2015, or watch out for the newsletter and website updates.

Smiley Sam 2014



Smiley Sam

Wednesday 3rd December 2014

For the last few years we have been going out Smiley Sam, the Christmas Float for Keech Cottage, and this year was no different. This year we canvassed the Poets area in Lewsey. We started at 6pm finishing at about 8.30pm. We had a quite a few volunteers this time with a few new people which was great. We'd like to thank Arunbhai, Bharatbhai (our driver for the night), Devina, Dineshbhai, Hemaben, Minaxiben, Shantilalbhai and Ushaben for donating their evening for a very worthy cause. If you would like to take part next year please contact your local committee member near to Christmas 2015.

Gents Night

Friday 5th December 2014
Flavours Restaurant

At Gents Night this year there were about 25 people who attended, each of whom had a great time. It was a new



Up Coming Events

Children's Party

Luton Library Theatre
Early to mid December

This year the children will be going to see a Pantomime by the Griffin Players. If you have small children that would like to attend, please contact your local committee member for more details.

Ladies Night

Saturday 13th December
Frontier Lounge
Call Bhartiben 01582 752346.

Single? Let's Mingle

Early 2015

Youth events

Seeing as the past few years have been quiet on the Youth side of things I am putting some suggestions out there.

I'd like to organise some clay pigeon shooting, go karting, a theme park trip and maybe even an activity day. If anyone is interested, please get in touch and let me know.

Thanks, Arun.