

Newsletter

lutonspa@gmail.com

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Namaste all,

Hope you are all enjoying the hot summer days?

We have been busy getting organised for our new year following our AGM on the 23rd April. We already have a number of events lined up, please see our upcoming events listing.

The ladies that attended the Mahila Samelan had an enjoyable and entertaining day in Leicester, learning about staying healthy.

We had an awesome day at the BBQ on the 25th June at Wicksteed Park in Kettering.

We would love to arrange a ladies day, if you have any ideas please let us know of your thoughts.

Kirtiben B Mistry (Secretary)

Bhajan Bhojan

If you want further information on the event, would like to contribute, or help in any other way, please contact Bhartiben.

If know of a Bhajan Mandal who would like to perform at our Bhajan Bhojan?

If so please give us their details.

Thank you.

Bhartiben: 01582 752 346

Contact Us

President - Yogeshbhai G Mistry | 01582 583 332

Secretary - Kirtiben B Mistry | 07801 757 311

Youth Leader - Arunbhai A Mistry | 07846 700 508

UPCOMING EVENTS

HQ Cricket - 2nd July/6th August

Beach Trip (Great Yarmouth) - 22nd July

HQ Sports Day - 2nd September

Bhajan Bhojan - 16th September

Dinner Dance - 18th Novmeber

Single? Let's Mingle - November (tbc)

Gents Night (tbc)

Ladies Night (tbc)

Childrens Party (tbc)

SPA UK Sports Day

Saturday 2nd September
at Leeds Beckett University

The sports deadline is drawing near. If you would like to take part in any sports on sports day please get in touch with our youth team at:

lutonspa@gmail.com

Membership of SPA Luton branch

All Prajapatis can become life members @ £25.

Annual membership is £5.

Student membership is £3/annually.

Associate membership is £5 annually (this applies if you are a non-Prajapati married to a Prajapati member). Associate membership allows you to take part in sports and other events.

UPCOMING EVENTS

Beach Trip - Saturday 22nd July 2017

Day Trip to Great Yarmouth on Tickets:

Adults = **£15.00** and Children Under 12 = **£10.00**. Limited Seats Available, **Book Early To Avoid Disappointment**.

Coach to Leave at **7.30am** from: Hindu Mandir, Hereford Road, Luton, LU4 0PS. Tickets Available From: Anilbhai 07949 179045, Arun 07846 700508, Kantibhai 07971 114848

Diabetes UK - 1st October

This is a challenge to walk through the ten bridges in central London and raise funds for the charity. Members interested can register on line. Please come and join us. A large number of members have registered.

Bhajan Bhojan - 16th September

For more details on this event use the contact details for Bhartiben on the front page.

Single? Let's Mingle - November

The Single? Let's Mingle event is back again after a hiatus. There was one event earlier this year, but there is another planned for November. There will be one for ages 36+ and 24-35 depending on take up.

Dinner Dance - 18th November

This event is still being planned so please keep an eye out for future updates on this event and ask questions if you haven't heard anything closer to November.

REVIEW OF EVENTS

Single? Let's Mingle

Namaste Jai Shree Krishna, we the coordinators of "Single? Let's Mingle!" have been absence for almost two years in promoting our events. Family and work life takes over sometimes. Priority must be given to the most important things in life. We are now back!!

Our first S.L.M. event was on Saturday 13th May 2017. The venue was S.P.A Leicester Samaj Social Club. We had a sold-out event with boys and girls waiting in reserve in case somebody dropped out.

Great event, Chilled & Relaxed Atmosphere. Lots of emails & phone number swapping during the event.

For further details of future events, please contact Anilbhai on 07949 179045 or email him on prajapatisinglesmingle@hotmail.com

Anil D Mistry

Mahila Samelan

The 37th Mahila Samelan this year was held in Leicester. It was an event that was hosted by all the SPA Branches. Each branch was allocated duties ranging from serving breakfast, lunch, and crowd control to setting up the event – this is just naming a few duties.

A huge "Thank you" to all the ladies and gents who helped out on the day from Luton Branch.

The event was all about having a healthy brain and lifestyle. The information that we all took away from the event was amazing. It explained a lot about the vitamins and vegetables we should be eating and lifestyle

changes we should make to have a healthy and stress free lifestyle.

Senior Samelan

This year the Prajapati Senior Samelan took place on 11th June at Radha Swami Rasila Satsang Centre in Birmingham. The theme was celebrating 70 years of independence for India and development of our motherland with dances, drama, patriotic songs and other items of entertainment to make it a memorable day for all. Members attended with enthusiasm wearing traditional costumes in national colours. Mrs Trupti Patel the President of HFB was the guest of honour. She praised the patriotic event and also advised people to sign and support the campaign against anti cast legislation that is important for all Indian communities and their future generations. SPA Birmingham branch had organised the event very well. Welcoming guests, car parking, seating arrangements, timing of events, entertainments, catering and health & safety all aspects were handled professionally. It was a joyous day for all. A thousand people attended this event.

BBQ

After two years of cancellations due to bad weather this year was a perfect day. Some thirty friends of the SPA Luton Branch met in Wickstead Park, Kettering on Sunday 25th June. Charcoal BBQ were provided and all brought a wide variety of food prepared lovingly in home recipe. The park has lovely walks and children's play rides. A lot of members enjoyed playing rounders. It was a very happy occasion.

To view pictures of these events, please visit our website on www.spaluton.com