

SPA Luton Newsletter

Issue 24 | Spring 2019

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www.spaluton.com

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Namaste all,

I hope you're all well and looking forward to the nice weather ahead, I know I certainly am?

It's been a while since our last newsletter, however we have tried to keep many of you updated via our website and social media, especially as we are trying to become more paperless. If you didn't already know, we are on Facebook and Instagram and if you don't already, please follow or subscribe to us there. That way you won't miss out on any of our local events or any HQ events.

As we mentioned in our last newsletter we had some new faces join our committee, we've taken on board some of their new ideas, and had some fun doing it too. For example, giving you live updates on how we've prepared for our last few events. It's something we are getting used to, photos being taken when we least expect them – they catch moments in the build up to when the doors open to everyone.

Take a look at our upcoming events and pencil us into your family social calendar, it will be great to see you and have some fun doing it.

Kirtiben B Mistry (Secretary).

UPCOMING EVENTS

SPA LUTON

AGM | 12th May

Beach Trip | 20th July

BBQ | 23rd June (30th bkp)

Bhajan Bhojan | 14th/21st September

Dinner Dance | 16th November

SPA UK

SPA Golf | 22nd June

Senior Samelan | 23rd June

Family Fun Day | 6th July

Sports Day | 31st August

MEMBERSHIP

£25 Life Membership for Prajapati's

£5 Annual Membership

£3 Student Membership (Annually)

£5 Associate Membership (Annually)*

* for non-Prajapati's married to a Prajapati member.

Associate membership allows you to take part in sports and other events.

SPORTS DAY

Sports Day this year will be held in Birmingham on Saturday 31st August. If you'd like to take part here is a list of all the sports available to take part in on the day:

Badminton	Pool
Carrom	Squash
Darts	Swimming
Football	Table Tennis
Netball	

In addition to the events above, there will be over 60's Badminton, Family Yoga, and under 10s Sports

For more details the Sports Day Poster is attached or you can email the Youth Team at lutonspa@gmail.com

Yogeshbhai G Mistry

President

01582 583 332

Kirtiben B Mistry

Secretary

07801 757 311

Arunbhai A Mistry

Youth Leader

07846 700 508

Bhajan Bhojan

SUNDAY 7TH OCTOBER 2018

For our Annual Bhajan Bhojan programme we had the Shree Sanatan Bhajan Mandel from Wembley performing. We'd like to thank all the main donors for their contributions towards the Hall Hire, Food and the Mandel. This year we'd chosen the Luton and Dunstable Hospital as the charity we'd like to contribute towards.

This event was well supported from our community in the surrounding Herts, Beds and Bucks along with the main donors and their families. We had help from the local ladies with the cooking and would like to give them a big thank you; to Kusumben, another thank you for donating the flower arrangements and haars for the Stapnaa.

20th Anniversary Dinner Dance

SATURDAY 17TH NOVEMBER 2018

Firstly, I would like to thank all Committee Members and Volunteers in making our Annual Dinner Dance a very big success. No matter how much input the members and volunteers make, it makes all the difference in making our events successful.

We held our Annual Dinner Dance on Saturday 17th November and this year was our 20th Anniversary since the branch was reformed. This time we wanted to do something a little different from what we normally do. We had a Photo Booth, a Table Magician and DJ (Up-Front Sounds from Leicester). Our outstanding prized Tombola stand was there as well.

This event was free to all Prajapati's in the Herts, Beds and Bucks area and we had a massive turn out.

Our vegetarian catering came from Leicester, was collected and returned by several of our committee members; a big thank you to them for making the journey. The non-veg was Boneless Chicken and was cooked by the committee. Everyone enjoyed it, and it was a big hit!

A big Thank You to Window Parts Limited who donated the 5 main raffle prizes, as they've been donating for the past several years. As this was a big celebration we decided to order a celebratory Cake for everyone to share. This went down extremely well and only one slice was left at the end, and even that was quickly polished off.

The whole evening was amazing, the guests had an awesome time and there was great entertainment throughout the night.

Gents Night

SATURDAY 1ST DECEMBER 2018

Gents night this year was at Purple Flame in Stanmore, London. We had over 30 people in attendance. We were situated over 2 sections which made it a little difficult to speak to everyone throughout the night, but in general everyone loved it! There weren't too many new faces this time, but this event is almost an instant sellout each time we book, with people asking long in advance if they can attend.

Smiley Sam

SATURDAY 8TH DECEMBER 2018

Each year some of our committee along with members from the community volunteer one evening in December to help raise funds for our local Keech Hospice. This year we covered the Strathmore Avenue area in Luton, which had a lot of hills. We managed to get around within a few hours even with a smaller team and with all the climbing we all managed to stay nice and warm! If you'd like to take part, the more the merrier and all the effort goes towards a great local cause. Here is a first hand account from Bhavikaben from our youth team:

'It was my first time being able to join in the Smiley Sam Collection, and it was a great experience. Even though the evening was cold, it was great seeing the reaction from the public as many had been waiting all year for the float to come around, especially the children who had waiting to have their photo taken with Santa. I would thoroughly recommend everybody take part at least once as it is a unique event to experience for those who take part.'

Ladies Night

SATURDAY 15TH DECEMBER 2018

The venue of choice this time was K's Bar and Restaurant in the Dunstable. It was a new venue for us, and we had some great food with good service. Everyone that attended enjoyed themselves, and it was good seeing some of the younger generation coming along to support us.

Christmas Drinks

SATURDAY 22ND DECEMBER 2018

Each year we have a small get together at our local pub just before Christmas. There was a fair turnout this time with some of the ladies coming along as well. The pub was quite busy with several other celebrations going on at the same time, but it all added to the atmosphere. If you

want to come along next year we usually congregate on the last Saturday before Christmas, but check with other committee members in case there has been a change of timing.

Cheque Presentation to Luton and Dunstable Hospital

24TH DECEMBER 2018

On Monday 24th December 2018, after having several successful events throughout the year we made a donation to the Luton and Dunstable Hospital towards their Helipad Appeal. We were informed on the day that the Helipad would be state of the art and centrally located being directly connected to all the emergency departments via its own new lift shaft. This facility would also allow air ambulance crews to ferry patients from a scene to the hospital multiple times in quick succession giving patients the best possible chances for recovery.

For more information, visit this link www.ldh.nhs.uk/get-involved/helipad-appeal.

Mahila Samelan

7TH APRIL 2019

The 39th Mahila Samelan for 2019 was held in Leicester and was hosted by London Branch. The topic of discussion was on Social Media, the impact of the internet/mobile phones and the security associated with that on social media. There were various guest speakers on this topic including a police officer from Leicestershire. The event was attended by approximately 1000 prajapaties from all over the country.

Family Bowling

14TH APRIL 2019

Our family bowling event was at GoBowling Dunstable with 6 families. We met at lunch time and played on 4 lanes. Everyone that attended the event thoroughly enjoyed themselves and it was great to see a large mix of ages taking part and helping out when needed. Each ticket was subsidised by SPA Luton with each participant paying £5 each, adult or child. Thank you to the youth team for helping organise the event and the attendees for making it the success it was.



SHREE PRAJAPATI ASSOCIATION (UK)

ESTABLISHED 1975

CHARITY NO.802570

श्री प्रजापति समाज (युके)

SPA Luton

AGM

Annual General Meeting

12th May 2019

3pm - 5pm

Have your say and come support
your local branch!

If you are interested in joining the
committee, a new one will be voted
in on the day, so please get your
names to us prior to the day.

Yogeshbhai 01582 583 332
Kirliben 07801 757 311

Biscot Parish Church Hall,
Trinity Road,
Luton,
Bedfordshire,
LU3 2LP





SATURDAY 31ST AUGUST 2019



UNIVERSITY OF BIRMINGHAM SPORTS CENTRE
BRISTOL ROAD, BIRMINGHAM, B15 2TT
8AM - 4PM

BADMINTON, FOOTBALL, NETBALL, CARROM,
TABLE-TENNIS, SWIMMING, SQUASH, POOL, DARTS

INTRODUCING OVER 60'S BADMINTON, FAMILY YOGA &
AN UNDER 10'S SPORT DAY

BOOK YOUR SPOT AT THE SPORTS DAY TODAY

CONTACT US AT SPAUKSPORTSTEAM@GMAIL.COM
OR YOUR LOCAL BRANCH SPORTS REP

SPA SPORTS DAY 2019